

What is a Care Notebook?

A care notebook is meant to be a tool for you to keep track of your child's special needs and services. It can also be helpful for healthcare providers and others who care for your child. They can use this notebook to learn more about your child and their epilepsy. It is recommended that you read and fill out the information in the notebook at your own pace. Once the care notebook is complete, it is also recommended that you keep the information current. You may want to bring your care notebook to medical appointments and share information within the notebook with others who care for your child. All of the sections in the notebook may not be helpful to everyone. Try to complete as much as you can. Extra dividers are provided for additional information you may want to include.