



Call us toll-free at 866-SEIZNET (734-9638)  
 www.wisconsinseizure.net

## SEIZURE EMERGENCY ACTION PLAN

THIS FORM PROVIDES INFORMATION TO ASSIST IN THE SAFE CARE OF THIS CHILD DURING A SEIZURE.

Student's name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_  
 Parent/Guardian Name: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Other emergency contact: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Primary Care Provider: \_\_\_\_\_ Office: \_\_\_\_\_ Fax: \_\_\_\_\_ Emergency: \_\_\_\_\_  
 Neurologist: \_\_\_\_\_ Office: \_\_\_\_\_ Fax: \_\_\_\_\_ Emergency: \_\_\_\_\_

**SEIZURE INFORMATION:**

• How old was child when the seizures started?

Seizure Type	Length	Frequency	Description

- What might trigger a seizure in child? \_\_\_\_\_
- Does child act differently before seizure?  Yes  No Explain: \_\_\_\_\_
- How does child act after a seizure is over? \_\_\_\_\_
- How do other illnesses affect child's seizures? \_\_\_\_\_

**SEIZURE FIRST AID**

• In addition to Basic Seizure First Aid, what other procedures should be done when child has a seizure? \_\_\_\_\_

- Will child need to leave classroom?  Yes  No
- Should an extra change of clothes be kept at school?  Yes  No
- Where is extra change of clothes kept? \_\_\_\_\_
- Does child have a VNS?  Yes  No. If "Yes", when should magnet be used? \_\_\_\_\_

**Basic Seizure First Aid:**

- ✓ Stay calm & track time
- ✓ Keep child safe
- ✓ Do not restrain
- ✓ Do not put anything in mouth
- ✓ Stay with child until fully conscious
- ✓ Record seizure in log

For tonic-clonic (grand mal) seizure:

- ✓ Protect head
- ✓ Keep airway open/watch breathing
- ✓ Turn child on side

**SEIZURE EMERGENCY**

• A seizure emergency for this child is: \_\_\_\_\_

**Seizure Emergency Protocol:**

- Administer emergency medicine listed below.
- Contact school nurse at: \_\_\_\_\_
- Call 911 for transport to: \_\_\_\_\_
- Notify parent at: \_\_\_\_\_
- Notify emergency contact at: \_\_\_\_\_
- Notify Dr. \_\_\_\_\_ at \_\_\_\_\_
- Other: \_\_\_\_\_

**As Seizure is generally considered an emergency when:**

- ✓ A convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- ✓ Student has repeated seizures without regaining consciousness
- ✓ Student has a first time seizure
- ✓ Student is injured or has diabetes
- ✓ Student has a first-time seizure
- ✓ Student has breathing difficulties

**EMERGENCY MEDICINE PLAN**

Medicine	Dose	Route	When to use

**SPECIAL CONSIDERATIONS/SAFETY PRECAUTIONS** (with school activities, sports, trips, etc.): \_\_\_\_\_

Physician Name (print): \_\_\_\_\_  
 Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 School Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_